Milestones Family Recovery
Women’s Program
518 SW 3rd St
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SERVICES PROVIDED:

Milestones Family Recovery Program is a residential / transitional program providing alcohol/drug treatment for women & women with children. The program focuses on group therapy, 12-step support, and family recovery. Services include individual, group, and family counseling. Clients develop treatment plans, share their First Step and design a relapse prevention / aftercare plan to enable them to maintain sobriety following residential care. Length of stay can be from 2 months to 18 months.

ROLE OF THE PRACTICUM STUDENT:

The program enhances the quality of treatment by the utilization of students. Depending on skill and experience level, students will be involved in observing and participating in assessments, group therapy, didactic lectures, charting, termination planning, and case management.

STUDENT QUALIFICATIONS:

• Knowledge of the disease of addiction
• If recovering, a minimum of one year in recovery with involvement in self-help groups.
• The ability to present an image of health and have a plan to promote and maintain self-wellness.
• Demonstrate a love for people and the ability to express warmth, support, and respect for others.

OPPORTUNITIES FOR EMPLOYMENT:

Volunteer work in the drug and alcohol treatment field is beneficial for those students pursuing certification and employment. Exposure to Milestones’ treatment modality will also help students in determining future employment preferences.

CRIMINAL HISTORY CHECK REQUIRED

As of April 15, 2011, practicum sites that use the Department of Human Services Background Check Unit will now conduct a weighing test and fitness determination when an individual has been identified as the perpetrator of abuse in certain cases of sexual abuse, physical abuse or financial exploitation. The Background Check Unit will specifically consider the most serious cases of abuse reported and substantiated from January 1, 2010, forward.

Updated 1/17/2013